

ISSUE NO. 3 | DECEMBER 2019/JANUARY 2020



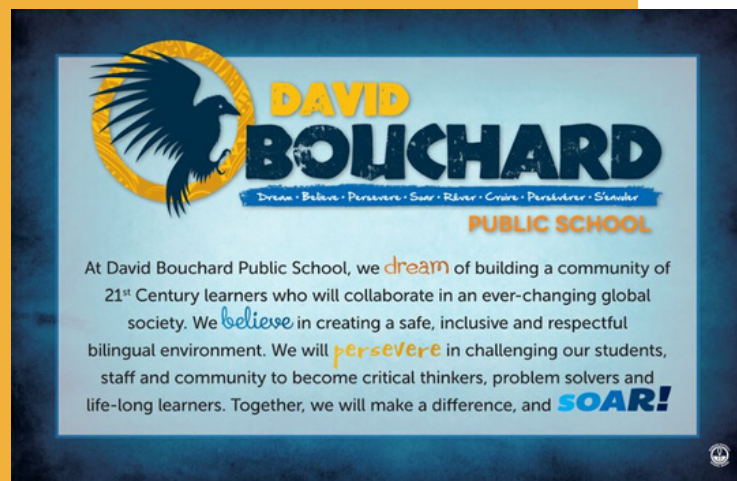
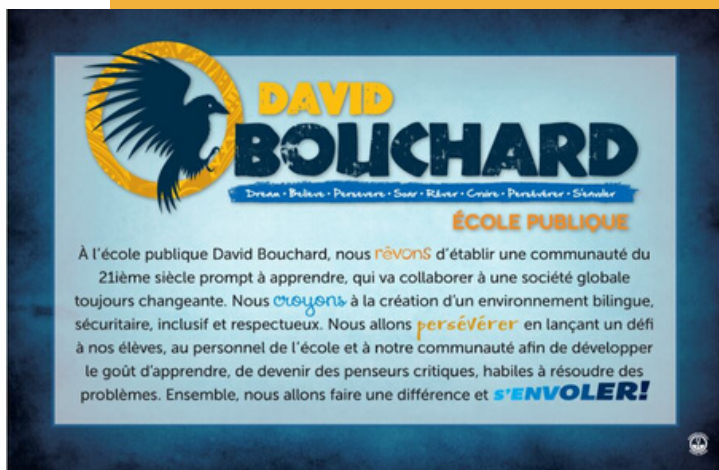
The Bouchard Blast

The Official digital Newsletter of David Bouchard P.S.

VISION

We believe in setting high expectations for learning for all individuals at DBPS within a safe and inclusive environment. We believe that every error is a learning opportunity





DECEMBER/JANUARY



Our year is in Full swing here at David Bouchard Public School!

This year, after looking at School and Community Climate data and report card data, we have developed our school plan to reflect our core priorities in **literacy, numeracy** alongside caring and **well-being**.

We have a focus on Communication, Problem solving and Thinking in **Numeracy**. In terms of literacy, we are focused on organizing our thinking and exploring purpose and audience in writing. In terms of reading, we are establishing critical interventions for students who need early literacy support. As well, we are focusing on **Critical Literacy** and Reading comprehension skills as students progress into the Junior and Intermediate grades.

Our School success teams have focused on Innovative classrooms as well. More Chromebooks have been delivered to our school in an effort to enhance learning through technology. A variety of **flexible working environments** have also been embedded in our classrooms to maximize how students learn.

We continue to work on developing our students' skills for self-regulation. **WITS** (walk away/Ignore/Talk about it/Seek Help) assists students in knowing where they need to set personal goals for self-regulation. We have continued our focus on **Restorative Practices** as well. (OWN IT/FIX IT/LEARN FROM IT/MOVE ON)

We continue to have many School wide academic **inquiries** happening at DBPS including:

- School-wide small group, guided **interventions and projects** in numeracy and literacy to close student gaps in student learning
- Continuing to leverage **digital technologies** such as **Chromebooks** to promote and enhance innovation and drive engagement in our classrooms
- A focus on early **literacy** and **numeracy** skills in kindergarten
- A focus on **Mental health** and **well-being** for our staff and students and Trauma-informed instructional strategies
- A focus on **character traits, school safety and self-regulation skills**--after reflecting on our Student and Parent School climate survey
- Continuing to establish a **culture of high expectations** in our school
- Continue to explore **flexible learning environments** and learning spaces





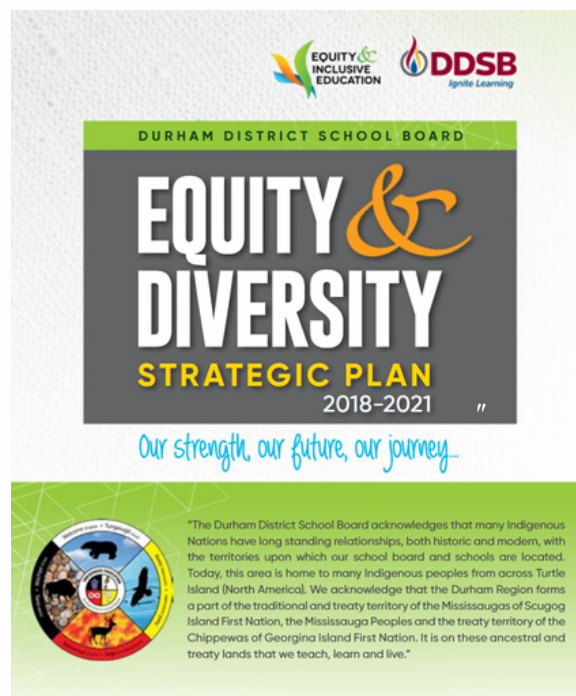
Self-Regulation at David Bouchard PS



The **ZONES** of
Regulation®



At David Bouchard PS, we are working on developing a variety of strategies for self-regulation. We have been building upon our work with Restorative Practices, and have added a new problem-solving routine: WITS; Walk Away, Ignore, Talk it out, Seek Help





Holiday Basket Raffle

We are having a holiday basket raffle to support our school.
Tickets will be sold for .50 cents each.

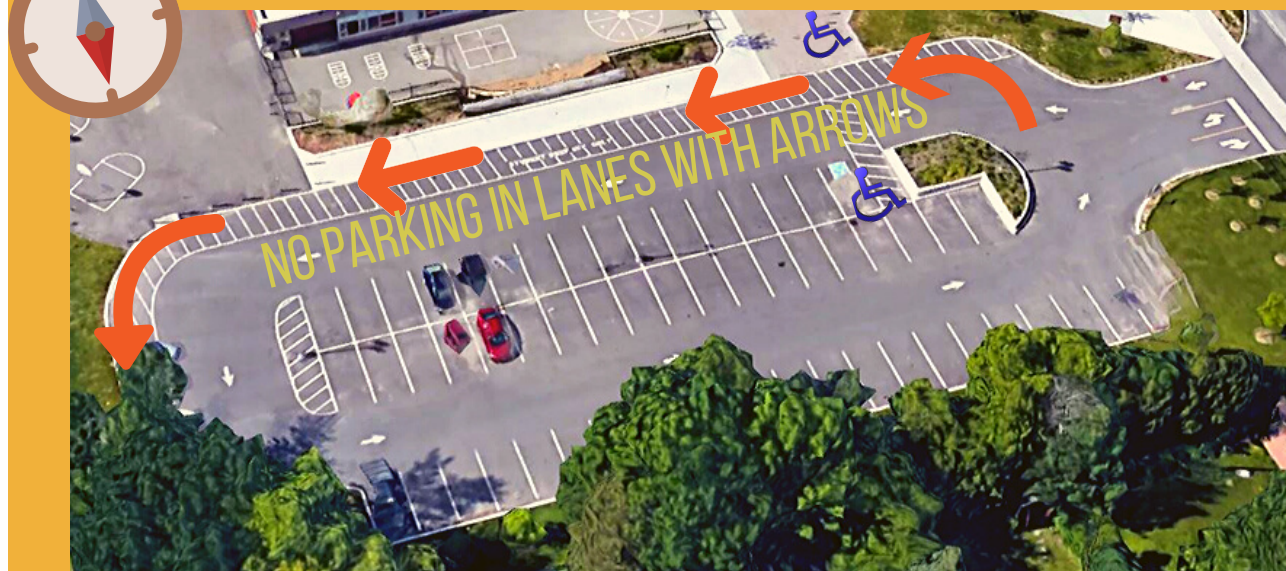
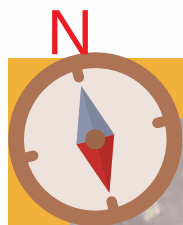
When: Monday, December 2-Thursday, December 19

Where: Tickets will be sold outside the library at each recess.
They will also be on sale during holiday concerts

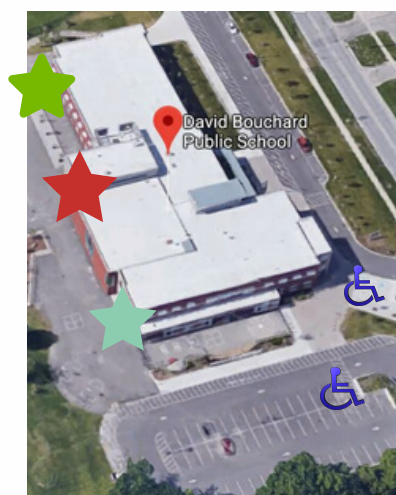
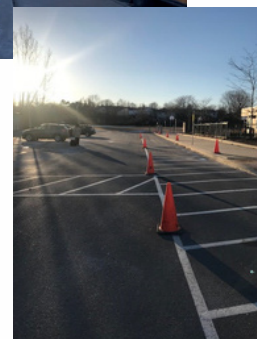
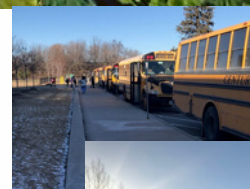
Draws will take place on Thursday, December 19th.

Winners will be notified at school and by telephone

Baskets must be picked up no later than December 20th



Kiss and Ride/Drop off



End of the Day Dismissal:

- ★ Primary Grades: pick up at the North Doors of the school
- ★ Junior Grades: Pick up at the back of the school in the middle doors
- ★ Intermediate Grades: Pick up at the South Intermediate Doors

TIPS:

--Thank you for not **parking** in the kiss and ride or bus loop-- we have staff who can escort younger students to their designated area

--Thank you for not parking in spots that are **not designated** parking areas. Often cars are blocked in, including the disabled parking spots

--Please drive **within the pylons** for the kiss and ride; The line moves effectively if everyone is following the flow of traffic; pulling out of the line can lead to issues. Please be careful when crossing the parking lot to the school; Extra parking at Getrude Colpus P.S. across the street

--Arrive early to avoid **congestion**; currently, peak time is 7:50-8:05 a.m.



Sports Corner



Congrats
to the athletes who ran in the **DEAA Cross Country race** in October.
It was an amazing event and everyone had a great time.

The
Intermediate Girls and Boys Volleyball teams also had a successful
season. The athletes were motivated to excel every game and all
athletes improved throughout the season. The coaches are very
proud of all the progress and determination to get better and have fun as a
team.

We
are looking forward to seeing how the **Junior Boys and Girls Volleyball** teams
develop this season, watch for their upcoming schedules.

In
the gym, **intramurals** have started up! We have students from
4-8 playing for the Bouchard Cup in floor hockey. The teachers have a team to
represent and show the Bouchard spirit at lunch recess.

Please remember to have proper **footwear** for the gym, it
helps keep it clean and safe for playing. Some upcoming events in
the gym.....Kin Ball, Curling, Snow shoeing, B-ball trip, etc.....

Go Ravens Go!



D.E.A.A. DURHAM ELEMENTARY ATHLETIC ASSOCIATION

Code of Conduct

D.E.A.A. COACH'S CODE OF CONDUCT

The responsible coach will:

- Regard athletic competitions as an educational means first and a physical contest second
- Respect the rules of the game and all D.E.A.A. regulations
- Accept the actions of officials and opponents
- Ensure effective supervision of athletes before, during and after the contest
- Contribute to the betterment of the game
- Ensure athletes are aware of and adhere to the "Athlete's Code of Conduct"
- Model respect for the facilities, staff and volunteers at host school

D.E.A.A. ATHLETE'S CODE OF CONDUCT

Any athlete participating in exhibition games, sanctioned events and tournament play will be expected to adhere to the following guidelines for behaviour before, during and after competition.

- Fair play is an athletes first priority
- Respect the efforts and accomplishments of your teammates and your opponents
- Respect officials, coaches, spectators and event organizers
- Be respectful of the facility you visit or in which you play
- Respect the rules of the game
- Conduct yourself, at all times, with honour, dignity and mature behaviour
- Maintain a high academic standing to the best of your ability

D.E.A.A. SPECTATOR'S CODE OF CONDUCT

Spectators must:

- Treat the facilities, students, staff, and players with respect
- Accept the decisions and requests of all referees and officials
- Remain in designated areas for spectators and leave the playing surface clear
- Be polite, courteous and only use appropriate language

Good athletes compete fiercely to the best of their ability and the limits of their training. Good spectators show respect for the commitment of the athletes by cheering every good play and appreciating the effort, time and dedication contributed by the members of BOTH teams. Have a good time cheering for your team, but enjoy the game regardless of who wins or loses.



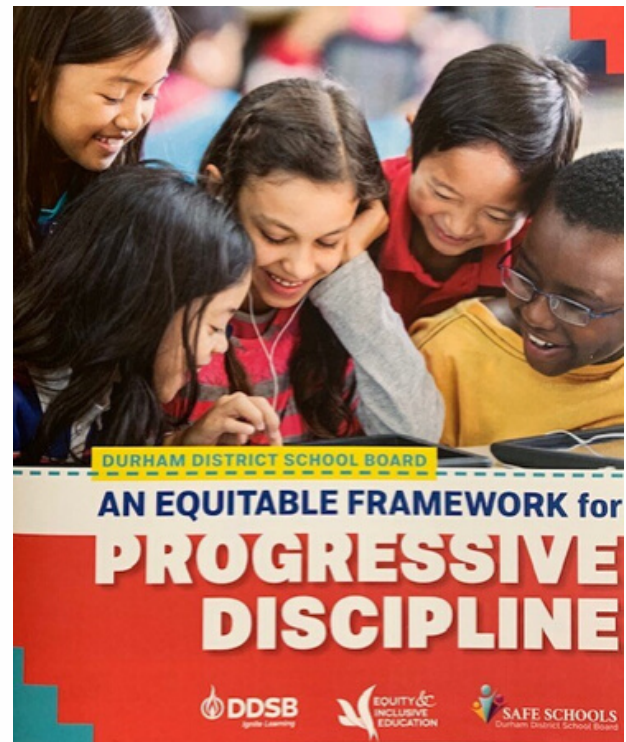
School Safety

What is Bullying?

Is a pattern of unwelcome or aggressive behaviour that often involves an imbalance of power, and/or the intention to harm or humiliate someone.

What is Conflict?

Is generally a disagreement or difference in opinion between peers who typically have equal power in their relationships.



Own It	Admets-le!
Fix It	Répare-le!
Learn from It	Apprends une leçon!
Move On	Tourne la page!





Attendance Matters!

Dismissal

-- Please Note: we are not able to dismiss students after **2:15 pm** as teachers are preparing them to head home
thank you for your patience as you wait for the **2:35 pm** dismissal
Thank you,
Office administration

Attendance

Please call in absences to **School Messenger Online**

--Getting to school on-time and ready to learn is crucial to student success! Thank you for supporting our Office Administration staff.

Checking in at the Office

Visitors/volunteers-- please **check in at the office** when you enter the building. As well, please sign in and get a '**visitor tag**'. As you can imagine, we want to keep the building **safe and secure** for all of our students. This includes **entry and dismissal**. Please check in with the office before entering the building. We ask all visitors to enter the building at the **main doors**. We may know who you are, but our students may not.

Thanks for this!



***We are Zone 4**



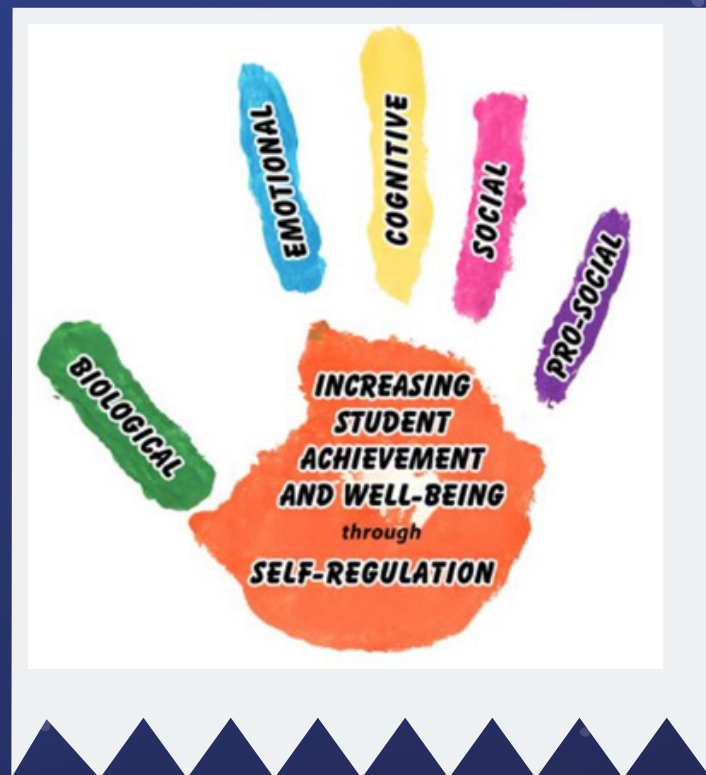
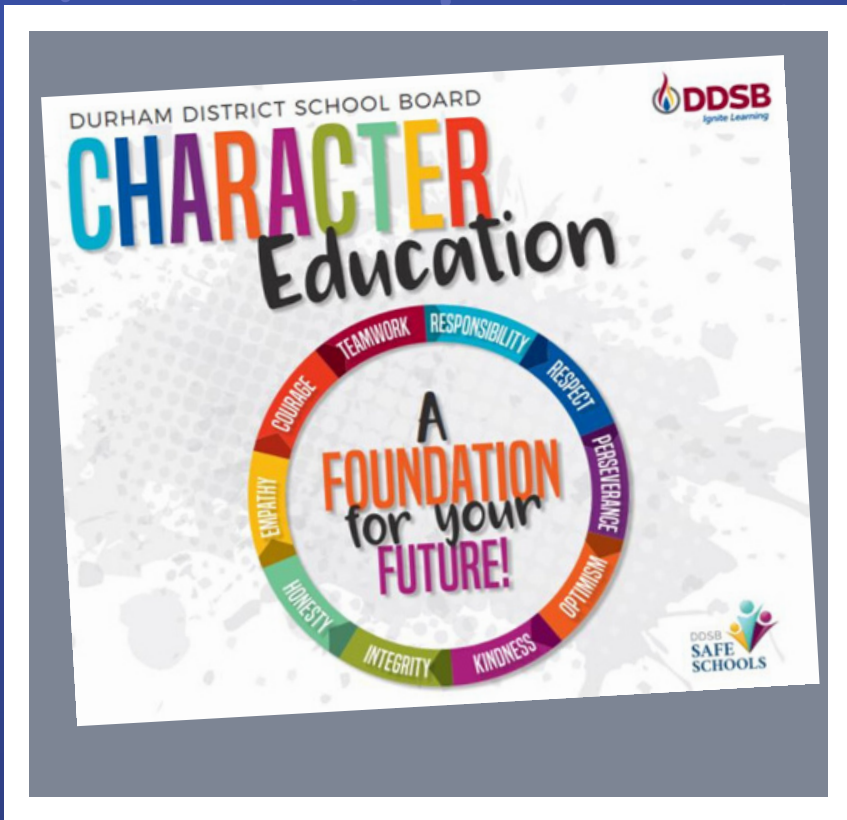
Please check **DSTS website** for cancellations and updates

Weather

As the weather gets colder, it's a great idea to pack extra (labelled) clothing in your child's bag:

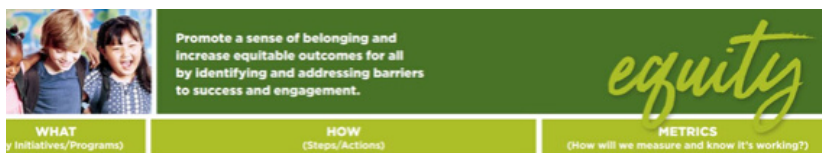
- Socks (a couple of pairs)
- Track pants/Sweat pants
- Shirts
- Hats
- Mitts/Gloves
- Snow Pants

*It's a great idea to **label** all items of clothing with a **name and class number** so we can return lost or missing items to the correct classroom and avoid them going to the Lost and Found

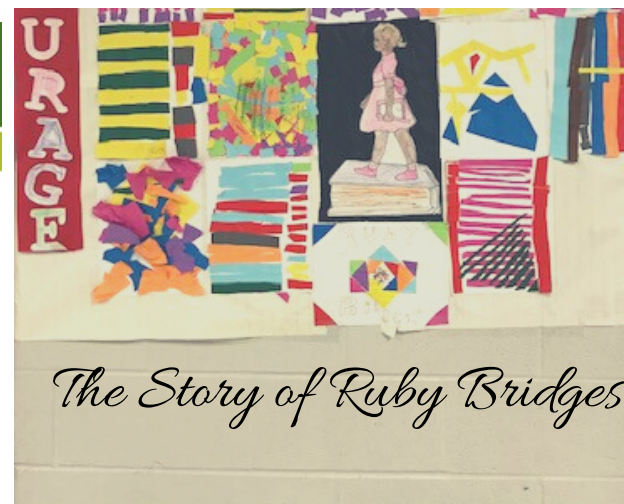




One of our core priorities at David Bouchard P.S. is to ensure we have a focus on student well being. Embedded in our teaching practice is a focus on knowing our students and differentiating our teaching to meet their needs. In staff meetings and Professional development, we discuss how to meet the needs of all of our students and focus on giving them strategies to be happy, and well adjusted members of society.



At our school we have a school wide focus on ensuring that all students receive high quality teaching and instruction. We also work to represent our community with pride. We celebrate our unique identities and honour our stories and seek to address past injustice and marginalization.



Our Staff and students focus on achieving high expectations and achievement. We have a focus on developing interventions for those students who require it. As well, we engage in many staff inquiries to address and strategically address learning gaps.



Identify future leaders, actively develop new leaders and responsibly support current leaders.

leadership

WHAT
(Key Initiatives/Programs)

HOW
(Steps/Actions)

METRICS
(How will we measure and know it's working?)

*Our school seeks to develop **leaders** in our student and staff by giving opportunities for students and staff to lead and enhance opportunities for others. We provide many opportunities for students to engage in leadership in both academics, athletics and peer to peer tutoring opportunities*

- **Recess Guardians: Student Leaders who run student led games and bin activities**
- **L2L: Student Tutors who provide tutoring and leadership for Grade 6 students**
- **Student Leadership Team**
- **Staff Success and Well Being teams**



Reimagine learning and teaching spaces through digital technologies and innovative resources.

innovation

WHAT
(Key Initiatives/Programs)

HOW
(Steps/Actions)

METRICS
(How will we measure and know it's working?)

At our school, we have a focus on innovative practice, enhancement of learning through technology, and inspiring our team to provide opportunities for students to create and innovate through STEM activities and through digital classroom environments

- **Enhancing Learning through our Chromebooks**
- **Establishing an inquiry about how flexible seating and innovative learning spaces can enhance learning**



David Bouchard P.S. · 2019-02-20
Grade 6 FI completing an exit ticket c
ratios using edpuzzle.



truck up the ramp.



Engage students, parents and community members to improve student outcomes and build public confidence.

engagement

WHAT
(Key Initiatives/Programs)

HOW
(Steps/Actions)

METRICS
(How will we measure and know it's working?)

At David Bouchard P.S. we put a huge emphasis on developing students who are ready to meet the challenges of the 21st century. We provide opportunities in the classroom, in clubs and teams to demonstrate our capabilities.

TALKING WITH TEENS ABOUT VAPING

TIP SHEET



Get more information: Canada.ca/vaping-info

BEFORE THE TALK: GET THE FACTS

Vaping is not harmless

- › Vaping can increase your exposure to harmful chemicals.
- › Vaping can lead to nicotine addiction.
- › The long-term consequences of vaping are unknown.
- › It's rare, but defective vaping products (especially batteries) may catch fire or explode, leading to burns and injuries.

Risks of nicotine

Nicotine is a highly addictive chemical. Youth are especially susceptible to its negative effects, as it can alter their brain development and can affect memory and concentration. It can also lead to addiction and physical dependence. Children and youth may become dependent on nicotine more rapidly than adults.

Although not all vaping products contain nicotine, the majority of them do, and the level of nicotine can vary widely. Some vaping liquids have low levels, but many have levels of nicotine similar to or higher than that of a typical cigarette. Quitting vaping can be challenging once a teen has developed an addiction to nicotine. Nicotine withdrawal symptoms can be unpleasant. Even if a vaping product does not contain nicotine, there is still a risk of being exposed to other harmful chemicals.

Vaping nicotine can alter teen brain development.

Vaping versus smoking

For people who smoke, completely replacing cigarette smoking with vaping will reduce their exposure to harmful chemicals. However, it is not safe for youth to use any nicotine products, including cigarettes and vaping products.

Vaping liquids

The ingredients typically found in vaping liquids include glycerol, flavours, propylene glycol and varying levels of nicotine. The long-term safety of inhaling these substances in vaping products is unknown and continues to be assessed. There is no burning during vaping; instead, the liquid is heated. This process can cause reactions and create new chemicals, such as formaldehyde. Some contaminants, such as metals, might also get into the vaping products and then into the aerosol.

Did you know?

- › Data from a recent Health Canada survey showed that 23% of students in grades 7–12 have tried an electronic cigarette.
- › Vaping devices may also be used for other substances such as cannabis.
- › Vaping products can be difficult to recognize:
 - Devices come in a variety of shapes and sizes, and some resemble a USB flash drive;
 - Liquids can have high levels of nicotine and come in a variety of flavours;
 - Vaping may not leave a lingering identifiable smell; and
 - Add-ons like vinyl "skins" or wraps can also render these items harder to recognize.
- › Vaping products have many names, such as e-cigarettes, vape pens, vapes, mods, tanks and e-hookahs. They may also be known by various brand names.
- › The *Tobacco and Vaping Products Act* prohibits vaping products to be sold or given to anyone under the age of 18. Be aware of the laws in your province or territory, as some have increased the age to 19.



Health
Canada

Santé
Canada

Canada

Calendar

COMING UP IN DECEMBER/JANUARY/FEBRUARY

DECEMBER 4TH: DAVID BOUCHARD VISITS THE SCHOOL! PARENTS ARE INVITED TO ATTEND FROM 6-7 PM

DECEMBER 12TH: HOLIDAY CONCERTS: KINDERGARTEN TO GRADE 1: IN THE AFTERNOON 12:30 PM

DECEMBER 12TH: HOLIDAY CONCERT: GRADE 2-8: EVENING PERFORMANCE 7-8:30 PM

DECEMBER 20TH: LAST DAY OF CLASS BEFORE THE HOLIDAY BREAK

JANUARY 6TH: FIRST DAY OF CLASSES AFTER THE HOLIDAY BREAK

JANUARY 17TH: PA DAY

FEBRUARY 6TH: FRENCH IMMERSION INFORMATION NIGHT AT 7PM

FEBRUARY 11TH: FIRST TERM REPORTS GO HOME

FEBRUARY 17: FAMILY DAY (NO SCHOOL)

FEBRUARY 26TH: PINK SHIRT DAY

MARCH 13TH: PA DAY

MARCH 16-20TH: SPRING BREAK

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Jamila Maliha

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Trustees:

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Ashley Noble

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A.M. Entry	A.M. Classes	A.M. Recess	Lunch	P.M. Entry	P.M. Classes	P.M. Recess	Dismissal
8:00	8:05	9:55-10:05	10:45-11:45	11:45	11:50	1:20-1:35	2:35